

September 2023

L.U.T.A.N Gym Schedule

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 CLOSED Labor Day Break	2 CLOSED Labor Day Break
3 CLOSED Labor day break	4 CLOSED Labor Day Holiday	5 cheer/tumb 6:00p-6:55p CCC parade Practice 7p-8:30p	6 CLOSED Privates by appt only	7 Privates by appt. only.	8 CLOSED	Cheer/ Tumb 9 9 am -9:55 am Team Tumbling 10A-10:55 A CCC parade Pract. 11a-1p, Strict. Tumb. 1-2p
10 Eastwood Cheer 2p-2:55p Privates by appt. only	11 Westlane Cheer 6p-6:55p Flame Team Practice 7p to 9p	12 cheer/tumb 6:00p-6:55p CCC parade Practice 7p-8:30p	13 Flare Team practice 7 p-8:30p Privates by appt only	14 Privates by appt only	15 CLOSED	Cheer/ Tumb 16 9 am -9:55 am Team Tumbling 10A-10:55 A CCC parade Pract. 11a-1p, Strict. Tumb. 1-2p
17 Eastwood cheer 2p-2:55p Flare/Flame Team practice @ Hollywood 3p-5p	18 Westlane Cheer 6p-6:55p Flame Team Practice 7p to 9p	19 cheer/tumb 6:00p-6:55p CCC parade Practice 7p-8:30p	20 Flare Team practice 7 p-8:30p Privates by appt only	21 Privates by appt. only	22 CLOSED	23 CLOSED LUTAN Stars @ CCC parade (downtown)
24 Make up Strictly tumb. 2p-2:55 pm Flare/Flame Team practice @ Hollywood 3p-5p	25 Westlane Cheer 6p-6:55p Flame Team Practice 7p to 9p	26 cheer/tumb 6:00p-6:55p Privates by appt only	27 Flare Team practice 7 p-8:30p Privates by appt only	28 Privates by appt. only	29 CLOSED	Cheer/ Tumb 30 9 am -9:55 am Team Tumbling 10A-10:55 A Make up Strictly Tumb.. 12p-1p Strict. Tumb. 1-2p
			Must have a minimum of 5 Participants in class to start	The Cost of each class is on The Classes tab on our website!		

notes

Groupon deals are available for new students! Personal training, health coaching etc. for all ages!
 (Returning students register through our website at www.golutan.com) *Silversneakers Instructor*
 For inclement weather closings please see the website or (Check all L.U.T.A.N Social Media outlets)
 The Christmas Showcase Is a public event & is a Fundraiser to raise money for our Allstar program.