

December 2022 L.U.T.A.N GYM Schedule

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Personal Training/ Private lessons Available for Scheduling	2 CLOSED	Cheer/Tumb. 3 9am -9:55am Tots class 9:15a All Allstar Teams 10:00a-1pm Strictly Tumb Beg/ Int 1p- 2p
4 Eastwood Cheer @ LUTAN 1p-2p All Allstar Teams 5p-7p @ Hollywood	5 Rec. strict. tumb beg. 6:00 pm Rec. Strict. Tumb Int. 7:00 pm	6 Tiny Flare 7p-8:15p Ignite/Flame 7p-9p	7 Tumbling Tots 4:30p-5:15p	8 Personal Training/ Private lessons Available for Scheduling	9 CLOSED	Cheer/Tumb. 10 9am -9:55am Tots class 9:15a Strictly Tumb Beg/ Int 1p- 2p Christmas Allstar Show (2p-5pm)
11 Eastwood cheer @ LUTAN 1p-2p All Allstar Teams 5p-7p @ Hollywood Virtual Comp Day (Dress Rehearsal)	12 Rec. strict. tumb beg. 6:00 pm Rec. Strict. Tumb Int. 7:00 pm	13 Tiny Flare 7p-8:15p Ignite/Flame 7p-9p	14 Tumbling Tots 4:30p-5:15p	15 Personal Training/ Private lessons Available for Scheduling	16 Open Gym 7p-9p Register online In advance \$20	Cheer/ Tumb. 17 9am -9:55am Tots class 9:15a All Allstar Teams 10:00a-1pm Strictly Tumb Beg/ Int 1p- 2p
18 Eastwood cheer @ LUTAN 1p-2p LUTAN All-stars Christmas Party 3:30p-5:30p	19 End of the Semester for → Rec. strict. tumb beg. 6:00 pm Rec. Stict. Tumb Int. 7:00 pm	20 Tiny Flare 7p-8:15p Ignite/Flame 7p-9p	21 Tumbling Tots 4:30p-5:15p	22 Personal Training/ Private lessons Available for Scheduling	23 Gym closed →→→→→→→→ Christmas Break	24 Gym closed Christmas Eve →→→→→→→→
25 Gym closed Christmas Day →→→→→→→→	26 Gym closed →→→→→→→→	27 Christmas Break	28 Gym closed →→→→→→→→	29 Gym closed →→→→→→→→	30 Gym closed →→→→→→→→	31 Gym closed New Year's Eve →→→→→→→→
			All Rec classes must have a 5 Participant minimum to start	The Cost of each class is on The Classes tab on our website!	The Christmas Showcase Adult spectators: \$20, kids 5 + \$5	Spectator cost for babies 4 and Under are FREE

notes

Groupon deals available for new students! Personal training, health coaching etc. for all ages!
(Returning students register through our website at www.golutan.com) *Silversneakers Instructor*
Inclement weather closings please see website or (Check all L.U.T.A.N Social Media outlets)
The Christmas Showcase Is a public event & is a Fundraiser to raise money for our Allstar program.