

June 2023

L.U.T.A.N Gym Schedule

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Adult tumbling & cond. 7p-755p (Makeup class)	2 CLOSED	3 Cheer/ Tumb 9a-9:55a Tots class- 9:15a Mini Team 10a-11:30a Strictly Tumb Beg/ Int 1P- 2P
4 Flame Team practice 3p-5p Ignite Team Practice 5p-7p	5 Privates by appt only Flame Team Practice 7p to 9p	6 cheer/tumb 6:00p-6:55p	7 Privates by appt only Ignite Team practice 7 p-9p	8 Privates by appt only. Adult tumbling & Cond. 7p-7:55p	9 CLOSED	10 Cheer/ Tumb 9am -9:55 am Tots class 9:15a L2 Team Tumbling 10a-10:55a, Strictly Tumb 1p-2p
11 Flame Team practice 3p-5p Ignite Team Practice 5p-7p	12 Privates by Appt only Flame Team Practice 7p to 9p	13 cheer/tumb 6:00p-6:55p	14 Privates by appt only Ignite Team practice 7 p-9p	15 Privates by appt only Adult tumbling & Cond. 7p-7:55p	16 CLOSED	17 Cheer/ Tumb 9am -9:55 am Tots class 9:15a L2 Team Tumbling 10a-10:55a, Strictly Tumb Beg/ Int 1P- 2P
18 CLOSED Father's Day	19 *Juneteenth Holiday* Flame Team Practice 7p to 9p, 30 min. Juneteenth chat session during practice	20 cheer/tumb 6:00p-6:55p	21 Privates by appt only Ignite Team practice 7 p-9p	22 Privates by appt. only Adult tumbling & Cond. 7p-7:55p	23 CLOSED	24 Cheer/ Tumb 9am -9:55 am Tots class 9:15a L2 Team Tumbling 10a-10:55a, Strictly Tumb Beg/ Int 1P- 2P
25 Flame Team practice Ignite Team Practice 5p-7p	26 Privates by appt Flame Team Practice 7p to 9p	27 cheer/tumb 6:00p-6:55p	28 Privates by appt only Ignite Team practice 7 p-9p	29 Privates by appt. only Adult tumbling & Cond. 7p-7:55p	30 CLOSED	
			Must have a minimum of 5 Participants in class to start	The Cost of each class is on The Classes tab on our website!		

notes

Groupon deals available for new students! Personal training, health coaching etc. for all ages!
 (Returning students register through our website at www.golutan.com) *Silversneakers Instructor*
 Inclement weather closings please see website or (Check all L.U.T.A.N Social Media outlets)
 The Christmas Showcase Is a public event & is a Fundraiser to raise money for our Allstar program.