

October 2024

L.U.T.A.N Gym Schedule

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3	4	5
	Gym Closed	Gym Closed	Flame Practice 6:30p-8:30p	Flare Cheer team practice 6:30p-8:00p	CLOSED	Strict. Tumb. Intermediate 1:00P-1:55P
6	7	8	9	10	11	12
Gym Closed	FALL BREAK	→→→→→	→→→→→	→→→→→	→→→→→	FALL BREAK
13	14	15	16	17	18	19
Gym Closed	Privates by appt only Flame Practice 7p-9p	cheer/tumb 6:00p-6:55p Strict. Tumb. Beginner 7:00P-7:55P	Privates by appt only Flame Practice 6:30p-8:30p	Flare Cheer team practice 6:30p-8:00p	CLOSED	Open Gym 10A-12 P Strict. Tumb. Intermediate 1:00P-1:55P
20	21	22	23	24	25	26
Gym Closed	Privates by appt only Flame Practice 7p-9p	cheer/tumb 6:00p-6:55p Strict. Tumb. Beginner 7:00P-7:55P	Privates by appt only Flame Practice 6:30p-8:30p	Flare Cheer team practice 6:30p-8:00p	CLOSED	10A-12 P Strict. Tumb. Intermediate 1:00P-1:55P
27	28	29	30	31		
Gym Closed	Privates by appt only. Flame Practice 7p-9p	cheer/tumb 6:00p-6:55p Strict. Tumb. Beginner 7:00P-7:55P	Privates by appt only Flame Practice 6:30p-8:30p	Halloween Gym closed		
			Must have a minimum of 5 Participants in class to start	The Cost of each class is on The Classes tab on our website!		

notes

Groupon deals are available for new students! Personal training, health coaching, etc. for all ages!
(Returning students register through our website at www.golutan.com)

For inclement weather closings please see the website or (Check all L.U.T.A.N Social Media outlets)
Private lessons: \$50 for 30 mins/\$100 for 1 hour, must have a gym membership.